

# XX Solidarity Study Olympiad

For a month, supportive students will go to an study rooms with a common goal: unite their efforts so that other boys and girls have access to a decent education.

For every hour of study, our funders **DONATE ONE EURO** to support educational projects in developing countries.

JOIN OUR SOLIDARY REVOLUTION



  
**20** olimpiada  
solidaria  
de estudio

From 15th January to 15th February 2024

To participate join before 20th December 2023



Of study



For projects in  
developing countries

Certifica



**unesco**  
Comisión nacional española

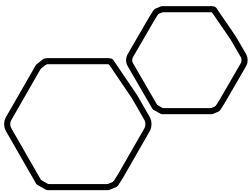
## IF YOU STUDY YOU COOPERATE!

A solidarity awareness-raising project for youth education, created by [www.olimpiadasolidaria.com](http://www.olimpiadasolidaria.com)



olimpiada  
solidaria de  
estudio





## What is the Solidarity Study Olympiad?

- The Solidarity Study Olympiad (OSE) is an international initiative created for children and young people, which turns their study hours into Euros.
- Its goal is to raise awareness about the importance of access to basic and professional education for the development of communities and to contribute to Sustainable Development Goals (SDGs) 4, 10, and 17.
- For **every hour** of study that a student invests in any of the solidarity rooms in participating countries affiliated with the initiative, **the organization of the Olympiad allocates ONE EURO** to co-finance cooperation projects in the field of education, development, and empowerment.
- The Olympiad takes place **every year for a month** within the school calendar. It occurs in formal and non-formal education centres at the national and international levels. In each edition of the Olympiad, one or more development cooperation projects are selected within under developed countries, always within the field of education and training.
- Under the slogans '**If you study, you cooperate**' and '**I am where I can help,**' the Study Olympiad becomes a true solidarity revolution that promotes human values, where everyone can contribute their bit.





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# How to participate:

- ✓ **Becoming a solidarity room member**, registering, and paying the solidarity participation fee.
- ✓ **Studying in the affiliated rooms in your city**, visit your nearest solidarity room, scan your room's **QR code**, and accumulate hours. Grab your books and commit to studying for a minimum of **1 hour**. A sponsor will donate **1 EURO** to the project for **every hour** of study.
- ✓ **Assisting in organizing** the Olympiad and ensuring its smooth operation as a volunteer.
- ✓ **Sponsoring the OSE**, If you are a company or public entity, you can become a sponsor and support us in the development of the SOLIDARITY OLYMPIAD.
- ✓ **Promoting and spreading the activity** in your surroundings, sharing our content on your social networks, supporting the dissemination, and forwarding our newsletter to your contacts. You just need to follow our social media and share.

**ARE YOU READY TO PARTICIPATE IN THE NEXT EDITION?**

**From January 15th to February 15th, 2024.**



# How to became a solidarity room?

Any study room can participate in the Solidarity Study Olympics: from clubs, associations, libraries, universities, high schools, colleges, non-formal education centers, socio-cultural centers, to university, and institutions.

## Requirements to become a solidarity room:

- ✓ Confirm your interest in participating in the Solidarity Study Olympics with the organizing committee.
- ✓ Complete the data form and register the room on the website [www.olimpiadasolidaria.com](http://www.olimpiadasolidaria.com), which is a mandatory step; otherwise, there will be no record of your participation in the Olympics.
- ✓ Pay the registration fee, which varies depending on the type of institution (*information available in this document*).
- ✓ Make one or more study rooms available to the Olympics from **January 15th to February 15th**. In the case of official educational institutions (Primary, Secondary, and High School), whenever possible, the schedule for the Olympics should be outside of regular study hours.
- ✓ Have a responsible person for the activity, either the room supervisor, a teacher, or a volunteer, who will motivate students to donate their study hours, keep track of participation, and interact with the Solidarity Olympics organizers. In general, their role will be to ensure the smooth operation of the Olympics in their room.

**Are you interested in participating in the next edition?**



# How do we support room supervisors or teachers to lead the activity?

## WE PROVIDE:

- ✓ **Technical assistance and support:** Throughout the campaign, we closely monitor the classrooms and make ourselves available to assist you in resolving any doubts and technical issues related to the web control panel. For this purpose, we provide you with the Responsible Room Manager's Manual.
- ✓ **Newsletter:** Through this, we keep you informed about the steps you need to take at each moment, as well as other news of interest related to the Olympiad and its projects.
- ✓ **Training manuals and presentations:** Another tool at your disposal is the support material for sensitization, including presentations and videos of the cooperation project supported by the Olympiad.
- ✓ **Social media engagement:** We actively promote the activity on social media platforms such as Twitter (X), Facebook, Instagram, and YouTube, both on the Olympiad's official channels as well as the social networks of all the organisations linked to the project, at a national and international level, with mentions to your participation. We also feature your presence on the official OLIMPIADA and other related websites as well as within the project being supported. We encourage you to send us your photos, videos, and anecdotes, and to share your Olympiad news on your own social networks.
- ✓ **Sensitization Activities.** We provide you with materials and ideas to help you develop your own non-formal education activities and dynamics in the classroom or study room to raise awareness about the Sustainable Development Goals.

# What does the organization committee provides to each study room?

## Printing and distribution in the participant room's language:

- ✓ **Project Posters (DIN A2):** Promoting the activity and providing information about the project supported by the Olympiad.
- ✓ **Solidarity Room Posters (DIN A3):** Signs to be placed on doors, indicating that we are in a solidarity room that has joined the Olympiad.
- ✓ **Desktop Displays (for large rooms):** Their purpose is to remind participants of the activity's dynamics.
- ✓ **Web Control Panel** for each room to input participation data, which will be immediately reflected on the scoreboard and visible to everyone.
- ✓ **Manual hours registration sheet:** facilitating daily control of participants and hours.

# Who did I study for in this year's SOLIDARITY STUDY OLYMPIA?

**Training of mental health professionals for the psychological recovery of women, children and survivors, victims of the armed conflicts in the Province of South Kivu (DR Congo).**

**8 doctors, 8 nurses, 8 psychologists and 8 social workers** will be trained in "modern techniques in the treatment of trauma", to attend to a population of 2,520 people, a high percentage of whom are women and children.

Coopera Congo (COCO), through its Mutima Africa Psychosocial Centre specialised in the treatment of severe trauma, will set up **3 more advanced clinics in psychosocial care for hundreds of** victims of the armed conflicts in the region of South Kivu.

There will be a permanent point of care at the **Mutima Africa Psychosocial Centre** itself, where victims of gender-based violence, sexual violence and different traumas caused by the rebel groups established in the Kahuzi-Biega National Park have been treated for several years.

The doctors and nurses will receive additional training in psychotropic diagnostics and pharmacology.

It is estimated to serve a population of **2,520 people**, mainly women and children, in individual therapy with a psychologist and a doctor, while the social worker carries out community sensitisation, through radio conferences and community meetings with the leaders of the areas where it will work, reaching a minimum of 10,000 people per clinic, an approximate estimate of 60,000 indirect beneficiaries.

More information about **Mutima Africa Psychosocial Centre** and its work in the Democratic Republic of Congo here: <https://www.mutimafrica.org/>

## Participation rates for solidarity rooms

Entities	Fee per room
Public and Private Universities	60,00 €
Public libraries	60,00 €
High schools	60,00 €
Federations	60,00 €
University dorms	40,00 €
Student Youth Club	40,00 €
Associations	40,00 €
Foundations	40,00 €
Youth Centres	40,00 €

*\* Negotiable rates depending on the number of rooms for each entity.*






*Si estudias, cooperas.*

Join our solidarity revolution...

To participate join before 20th  
December 2023

Contact us:

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